

## Couple's Core Vision



Do you ever think about what your relationship might look like in 1 year, 5 years, or 20 years? This exercise will help you to develop or clarify your relationship vision and even create a core vision statement for your relationship. A core vision is a common focus, direction, or goal for your relationship. It is important for couples to have a common vision for their relationship, as this vision will help guide and direct you through happy and difficult times alike.

As a couple, select two or three characteristics you would like to include in your vision statement. Examples could include (but are not limited to):

1. Intentional commitment/persistence
2. Positive values
3. Lead by serving & giving first
4. Humor and fun
5. Being overcomers of difficulties
6. Meeting each other's needs
7. Being a team
8. Giving love, affection and support
9. Networking in the community
10. Open communication
11. Investing in the next generation
12. Quality time

As a couple, write a core vision statement that incorporates the two or three characteristics you selected. There are no right or wrong answers. Every couple has their own unique vision that reflects their unique relationship. Once you have created your relationship vision statement, write it on a special piece of paper as a reminder of your relationship's vision.

What obstacles might you encounter that may hinder your ability to follow your vision?

How might you overcome these obstacles?